



Extra Help When It's Needed Most

Face-to-Face Sessions

Disability Resource Services provides long-term disability insured employees with three face-to-face sessions in a geographically accessible location to address behavioral issues.

Unlimited Telephonic Counseling

Disability Resource Services also provides long-term disability insured employees with unlimited telephonic counseling (24 hours a day, 7 days a week) to help address behavioral issues. Master's degree level counselors use a conversational approach to identify issues, assess needs and refer participants to specialists to help resolve their issues.

GuidanceResources®'Cb]bY'c Yfg' web-based services designed to help address the personal concerns and life issues you may be facing. Whether it's depression, alcohol and drug abuse, or grief and loss, these services are available to you and members of your family at no cost—24 hours a day, 7 days a week.



ONLINE ACCESS:
GuidanceResources.com

- Click "Register" to create a new account.
- Enter Your Company ID: DISRES
- : CF': I HI F9'@C; BGž↑ gh[c'rc'hAY' member login section and enter your username and password.
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GuidanceResources.com.

If you have any problems logging in, you can contact: **memberservices@guidanceresources.com** or **877-595-5289**.