

## The Membership Committee welcomes you...

http://ala.org/sustainrt

# Why this conversation?

Clarity Comfort Courage Container Camaraderie 

#### SustainRT Board (starting 7/1):

Coordinator - Amy Brunvand Coordinator-Elect - Uta Hussong-Christian Outgoing Coordinator - Jodi Shaw Secretary - Lisa Kropp Treasurer - Ameet Doshi Member-at-Large - Susan Conlon Member-at-Large - Tina Chan

#### Membership

Total Membership: 799

144% Increase since 2017

Student Membership: 370

1270% Increase since 2017

#### Last week at ALA annual...

The Rising Tide: How Libraries Sustain a Planet in Crisis

SustainRT Lightning Rounds

**Business Meeting** 

Presentation of Sustainability Task Force White Paper (see 2.7 for reference to SustainRT) Full report:

### Ways to get involved:

Write a blog post

Join a committee: Membership, Governance, Online Ed, Programming, Outreach

Run for office

Participate in virtual meetings, webinars, conversations

Become a mentor/ee (in the works)

#### Introductions/brief check in

Please share your name.

Then share a few words or a sentence on how you are right now in body, mind and/or spirit

#### Excerpt from Jodi Shaw's blog post

"If like me, you are hovering in the dark spaces between Kubler Ross's bargaining, depression and acceptance, there is some comfort to be had in the words of Elizabeth West, in <u>Abandon All Hope!</u>. West boldly implores us to "abandon all hope that we can make things 'right' and give up the fear of what happens next." I think I have the former part down; it's the latter I am having trouble with."

#### "If we want to make a harmonious, just, and sustainable future, we must do both the inner work of personal growth and the outer work of political activism. Our task is to transform ourselves and our world—simultaneously. It is time to recognize that the inner and outer work are interdependent and function best when they function together."

-- Terry Patten. "What it really means to be 'woke': Radical activism is spiritual as well as political." n. March 14, 2018

#### Prompt 1 - Tools for navigating

What helps you navigate grief/sorrow for the world or the paradox of holding hope and despair?

For example:

Specific practices (on your own or with a group)

Communities

Reading/viewing/listening you recommend

#### Prompt 2 - Wearing masks

Do you feel the need to mask your true thoughts/feelings about climate change?

If so, when and why?

If so, when can you let your mask fall away?

Or...do you ever just "give up" trying to talk when people don't seem to care?

#### Prompt 3 - Emerging narrative

What does your emerging narrative for the world sound/look/feel like...

For example: Words; phrases Images Emotions Intentions



Please share a few words or a sentence on how you are right now in body, mind and/or spirit.

#### Additional support

Hot lines - https://www.mentalhelp.net

Facebook groups: Libraries Step Up (in times of crisis); Mindfulness for Librarians; Librarians are Champions of Healthy Communities; Trauma-informed Libraries

Safe Circle calls

Thank you for adding your voice to today's conversation